

Tournament checklist

Weigh-ins

- Draw master present at weigh ins
- Either time slots for male/female competitors or two different rooms
- Males only in room for male weigh in
- Females only in room for female weigh in
- Scales – 1 for every 40 athletes
- Weigh-in sheets and pencils at each table
- Desk or table at each scale
- Directions to scales
- Officials to take weights
- Medical personal or persons trained to view skin for communicable diseases

Draw master table

- Large table
- Extra pens/ pencils (red, blue, green, black)
- White out, highlighters
- Bout sheets
- Draw sheets (2 sets for each weight class)
- Current rulebook from C.A.W.A.
- Extra paper
- Microphone and sound system
- Computer with printer and a photo copier with paper in it
- Assistants for the draw master trained prior to the tournament
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The Mats

- A table at every mat with three chairs at the table
- Chair for each coach in opposite corners
- Score clock and a stop watch
- Flip score cards
- Pencils
- Blue and red anklets
- Horn and or throw in towel to signal end of round/match
- Tape for laces
- Paper towels
- Spray cleaner at each table
- Nail clippers
- Garbage can in each corner
- 1 mat for every 50 athletes expected

Wrestling tournament will be successful if the following points are kept in mind:

- Make sure you have enough volunteers and that they are trained in what they are do
- Provide wrestlers and coaches with clear instructions regarding on site procedures i.e./ have a coaches meeting
- Keep all the wall charts up to date and in an accessible area
- Ensure the officials and personnel have needed rest periods
- A mandatory half an hour break mid tournament should occur for the tournament to ensure that every one gets to have a break for day tournaments
- Set-up gym night before
- Have a protest/coaches/officials room
- Have a designated competitors area and spectators area
- Video/ TV. for protest room
- Medical area with medical personal should be provided
- Warm up are with a min. of a strip of mat
- Make sure that it's a safe wrestling area for competitors i.e./ not on a stage
- Good luck and remember these are guidelines to follow to have a fun safe tournament