 LAVALLEE 

COMMUNITY

WRESTLING CLUB

**Learn to Wrestle**

 *Boys* *Girls*

 **Mondays 5:45 -6:45 pm and**

 **Thursdays 5:45 – 6;45 pm**

**October to December – Session 1**

**January to March Session 2**

**At Lavallee School Gym**

**505 St. Anne’s Rd.**

**Session 1 Registration Monday, Oct. 5 at 5:45 pm Cost $75.00**

**Session 2 Registration Monday Jan. 4 at 5:45 pm Cost $75.00**

**Parent/Guardian must attend first class to sign registration forms.**

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Lavallee wrestler Michael Hickey wins gold for Team Manitoba at the 2015 Western Canada Summer Games in Fort McMurray, AB

Freestyle wrestling (Olympic style) is taught in a safe fun environment.

Coaches: Mokhtar Hakimi, Shoja Hakimi, Duane Buhler, Kara Diakow. All coaches NCCP trained.

All participants must be members of the Manitoba Amateur Wrestling Association. MAWA Non-competitive Membership fee is included in club fees. Additional MAWA fee for Competitive athletes. Make cheques payable to Lavallee Community Wrestling Club.

Contact: lavalleewrestling@hotmail.com for more details.